

## PARISH CONTACTS

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Website: [www.nambuccavalleyanglicans.com](http://www.nambuccavalleyanglicans.com)

Facebook: @ Anglican Parish of Nambucca Valley

### Worship Centre Contacts

Holy Trinity Sun service	Sue Noble	0428 293 327
Holy Trinity Wed service	Lesle Cropp	0438 351 435
All Saints	David Jones	0401 927 456
St James	Sheralee Hardaker	0487 254 022
St John's Sun service	Brian Pade	0419 467 432
St John's Wed service	Jan Llewellyn	0408 689 338

### Welfare

\*\*Op Shops: Macksville, 6 Matilda St, 0473 525 241;

\*\*Nambucca Heads, Fletcher St, 6569 4047

\*\*St John's Food Supplies: Tue-Fri 9am-12md, 6568 9029

\*\*St Jimmy's Food Hub, Bowraville: Mon, Fri, Sat 9-11am, 0456 257 757

A SERVICE OF PRAYER AND LAMENT FOR

# AFGHANISTAN

Aug 22 | 12PM | St John's Anglican Cathedral, Brisbane

### Sun 29th August

**Song of songs 2:8-13, Psalm 45:1-2, 6-9, James 1: 17-27,**

08.00am Morning Prayer @ St John's, Nambucca Heads

**Service Leader:** Graham [M], Jan

09.30am Morning Prayer @ Holy Trinity, Macksville

**Service Leader:** Sue [M],

10.00 am Morning Prayer @ St James', Bowraville

**Service Leader:** Graham [M], Sheralee



Anglican Parish of  
Nambucca Valley

# Pew Sheet

A WARM WELCOME TO OUR WORSHIP SERVICES TODAY

22nd– 25th August 2021

Dear Friends

I hope you are travelling okay during this time of lockdown. If you are not, please contact me or another member of the Parish for help and we will do what we can to help. This is not an easy time. As we hear or see the news day by day, the numbers of new Covid infections continue to rise. It feels like we are just waiting for an unwelcome visitor, and there is nothing we can do to stop them.

It has just been announced that we will not be meeting in church any time soon. Last Sunday we did not have much warning to stay home but preparations are well advanced to **“Worship at Home”** this Sunday. Most things are at home right now; our LLM's are at a conference via Zoom over the weekend and next week's Clergy Ministry School is online too. We are very lucky to have so much technology to call on to keep in touch.

unfolds, life for many people around the world is more precarious than we can often imagine. A prayer from the Lament and Prayer for Afghanistan service:

God of mercies and comfort,  
whose Son ministered to those in need:  
We pray for our fractured world and  
all those who suffer through  
the wars of nations;  
by loss of home and country,  
by loss of friends and loved ones,  
by loss of happiness, security or freedom.  
We pray for those whose hearts are still  
bitter, and find it difficult to forgive.  
Banish from us all the spirit that makes  
war and instil in our hearts a love for peace  
and a love for all of humanity. Amen.

As Bishop Keith Joseph said during the service for Afghanistan on Thursday,  
“Even Jesus, when confronted with death, suffers and weeps. It is not wrong



This is not the case everywhere. As we watch with horror what is happening in Afghanistan, things are put into sharp focus and better perspective. Even though we are facing restrictions as the pandemic

at this time to cry and to mourn. There is no strength in denying grief.”

Grace and peace Pete

## REGULAR EVENTS

**BLOKES' BREAKY** - 4th Sept. Bowraville  
@ 7:30am

### GODLY GOURMETS -

Combined Luncheon, once a month.  
2nd Sunday of Sept (due to fathers day) 12th  
September at 12.30pm. Venue: Nambucca  
Leagues and Sports Club  
Please advise Trish Byron 0422 652 766 or  
Office by Wed 1st Sept for booking  
purpose.

### ST JIMMY'S KITCHEN -

Wednesday 15th Sept @ 05.30pm  
(new time for Winter months).  
Tony Fuller 0456 257 757

**CRAFT GROUP** - Ministry Centre,  
Macksville 1-3 pm. 2nd & 4th Thurs of the  
month. Myrtle Neaves 6568 1421

**CRAFT GROUP** - meeting every  
Monday @ 10.00 am—12pm  
Lot 2 Factory Rd. Bowraville.  
Dorothy Channells 0417 773 152

### PARISH PRAYER TIME

8.00am Each Tuesday @ St John's  
8.30am Each Wed @ Holy Trinity

**PRAYER CHAIN** - Please phone  
Jan Llewellyn 6568 9337

**Bible Studies:** All welcome  
Wednesdays:

Holy Trinity, 9.30am Sue 0428 293 327  
St Johns, 11am Jan 0438 689 338

Thursday:  
St. James 4pm Rev. Ros 0427 543 377

Stand, O stand firm,  
Stand, O stand firm,  
Stand, O stand firm,  
And see what the Lord can do.  
Stand, O stand firm,  
Stand, O stand firm,  
Stand, O stand firm,  
And see what the Lord can do.

John Bell Iona Community

## THANK YOU LORD

- For your unfailing, great love for all of us, your children.
- That you are more willing to hear, than we are to pray.
- For the promise of blessings poured upon those who trust in you.
- That you promise strength to those who put on the full armour of God.
- That you have the words of eternal life...you are the Holy one of God.

## PLEASE PRAY

- Loving Father, give strength and peace to all in Lock Down due to COVID.
- For an end to the ongoing conflict in Afghanistan.
- For protection and safety for all in Afghanistan, the people and the rescue personnel.
- For Holy Spirit to reveal the truth of Jesus' love and salvation to your people and give them hope for the future.
- For healing for Pamela Rogers in Port Macquarie Hospital.
- Haiti following the earthquake. For those who have lost love ones. For safety for all involved in the rescue operations. For the children in Haiti.

## PRAY FOR HEALING & GOD'S COMFORT & PEACE FOR

Charlotte Ryan, Judy Garven, Geoff Byron, Brenda and Colin Harling, Gemma Renfrey, Elma Falkner, Dot Secomb, Max Handcock, Julie Ann Trounce, Adrienne Adam, Hilda Shaw, Brian Johnson. All at Riverside Gardens, Autumn Lodge and Pacifica Aged Care Homes.

Thirteenth Sunday after Pentecost

I had an email from Lesle Cropp this week:

Hi Pete

In our EfM Studies this week, we have been asked to meditate on one psalm daily and describe any awareness that we have had as a result.

Several highlights arose for me but one in particular is the way that many psalms can be transformed into a prayer. As part of this task, I was reading Psalm 3 and it seemed closely linked to the current COVID pandemic.

Perhaps this psalm and prayer could be included in the Pew Sheet during the lockdown to encourage our people when praying in isolation?

So, here it is.

### Psalm 3 [NIV Life Application Bible]

O Lord, how many are my foes!

How many rise up against me!

Many are saying of me,

"God will not deliver him." SELAH

But you are a shield around me, O Lord;  
You bestow glory on me and lift up my head.

To the Lord I cry aloud,  
And he answers me from his holy hill.

SELAH

I lie down and sleep;

I wake again, because the Lord sustains me.

I will not fear the tens of thousands  
Drawn up against me on every side.

Arise, O Lord!

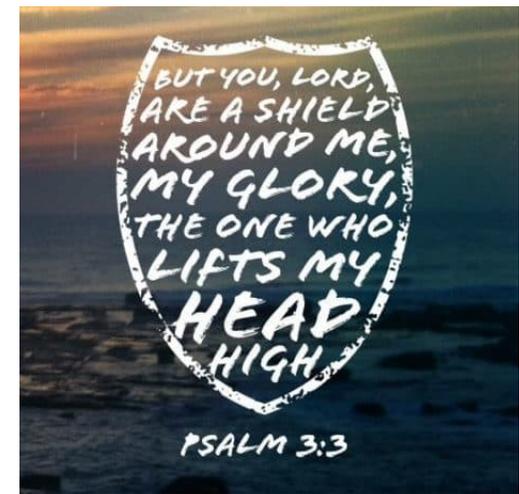
Deliver me, O God!

Strike all my enemies on the jaw;  
Break the teeth of the wicked.

From the Lord comes deliverance.

May your blessing be on your people.

SELAH



**Psalm 3** rephrased as a prayer against the current COVID pandemic.

O Lord, how widespread and entrenched is the COVID pandemic!

How many nations have been crushed by its uprising!

Many are saying,  
"God will not deliver us." SELAH

But you (and only you) are a shield around us, O Lord,  
You bestow grace upon us and lift up our hopes.

To the Lord we cry aloud, and he answers us from his holy throne. SELAH

We lockdown and wait. We await the Lord's sustaining provision.  
We will not fear the ubiquitous chaos stretched out against us on every side.

Arise, O Lord! Deliver us, O God!  
Strike COVID-19 on the jaw;  
break the devastation of the virus.

From the Lord comes deliverance.  
May your blessing be on your people,  
Lord. AMEN